# Plant Materials Guide for Lexington MA

#### 2011 Edition

This plant materials list was compiled for the Town of Lexington and its residents as a guide for municipal, commercial and residential landscaping purposes, for the incorporation of plant species predominantly native to Middlesex County. The purpose of this guide is two-fold; to provide its readers with a list of native plants suitable for landscaping purposes as well as a list of the most common invasive plant species found in the Lexington community.

The selection of non-native plant species for residential and commercial landscaping purposes along with the growing proliferation of invasive and non-native species not only in Lexington but nationally, has led to an accelerating decline in our native flora and fauna. Choosing native plant species for landscaping purposes, and removing invasive species wherever possible, can counter the decline of native plants.

This guide consists of three parts, a list of invasive species (<u>Prevalent Invasive Species</u>), a list of native species (<u>Recommended Plant Materials List</u>), and a list of area and regional nurseries that specialize in native plant species. For those wishing for photo references a good on-line source is Google Images, which also provides access to more detailed information for most species.

The creation of this guide was a collaborative effort by representatives of Citizens for Lexington Conservation, the Lexington Tree Committee and the Lexington Conservation Commission.

## **Prevalent Invasive Species List**

For purposes of this guide, invasive plants are considered to be non-indigenous species that spread into various habitats causing an adverse environmental impact. Invasive plants in Lexington are found throughout the town on both public and private property, and are displacing native plants.

The species on this list tend to be those most prevalent in Lexington. These include trees (Norway maple, tree of heaven), shrubs (burning bush, barberry species), vines that kill trees (oriental bittersweet, English ivy), and herbaceous species (purple loosestrife, garlic mustard, common reed). Some of these invasive plants have been commonly used in residential and commercial landscaping and some of them are still available commercially. The listed plants should be removed where possible and should never be planted anew.

Acer platanoides Acer pseudoplatanus Ailanthus altissima Alliaria petiolata

Ampelopsis brevipedunculata

Berberis thunbergii Berberis vulgaris Celastrus orbiculatus Cynanchum louiseae Elaeagnus umbellalata Euonymus alatus Hedera helix\*

Ligustrum obtusifolium

Lonicera sp. Lythrum salicaria Phragmites australis Pyrus calleryana\*

Fallopia japonica or Polygonum cuspidatum

Rhamnus cathartica Rhamnus frangula\* Rosa multiflora Norway Maple Sycamore Maple Tree of Heaven

Garlic Mustard

Porcelainberry Japanese Barberry

Common or European Barberry

Oriental Bittersweet Black Swallow-wort

Autumn Olive

Burning Bush English Ivy Border Privet

All shrub species of Honeysuckles

Purple Loosestrife Common Reed

Callery or Bradford Pear Japanese Knotweed Common Buckthorn Glossy Buckthorn Multiflora Rose

(Species noted with an \* are not included on the Massachusetts Prohibited Plant List but are considered to be prevalent and of concern in Lexington. For a more extensive listing of exotic species considered to be invasive in Massachusetts, please consult the Massachusetts Prohibited Plant List:

(http://www.mass.gov/agr/farmproducts/proposed\_prohibited\_plant\_list\_v12-12-05.htm).

As of January 1, 2009, Massachusetts has prohibited the sale, trade, purchase, and distribution of species so listed.)

# **Recommended Plant Materials List**

Following is a comprehensive list of plant species native to Middlesex County, Massachusetts that are beneficial to the environment and to native fauna. The primary source for this list was <a href="#">The</a> <a href="#">Vascular Plants of MA; A County Checklist</a> published by the MA Division of Fisheries and Wildlife, (1999 ed). The variety of plants listed should enable landscapers to identify native plants that are similar to many popular non-native plant species in common use. For example, the list provides many native groundcovers that can replace aggressive groundcovers like English ivy, Japanese pachysandra, periwinkle, or bugleweed. In the realm of flowering shrubs, there are native species of viburnums, dogwoods, azaleas, and many others. Many are relatively easy to buy due to the growing interest in native plants.

Endangered, threatened, or species of concern are noted with an (\*) per a list prepared by the MA Division of Fisheries and Wildlife (2005 edition). These may be particularly valuable to plant and are available in many garden centers. Extensive photo and factual information on each species may be found on-line at Google Images.

## **Deciduous Canopy Trees**

Acer rubrum
Acer saccharum

Alnus incana ssp. rugosa

Betula lenta

Betula alleghaniensis

Betula nigra
Betula populifolia
Carya alba
Carya ovata
Celtis occidentalis
Fagus grandifolia
Fraxinus americana
Fraxinus pennsylvanica

Juglans cinerea
Larix laricina
Nyssa sylvatica
Platanus occidentalis
Populus deltoides
Populus tremuloides
Prunus serotina
Quercus bicolor
Quercus alba
Quercus coccinea
Quercus palustris
Quercus rubra
Salix nigra

Sassafras albidum Tilia americana Ulmus americana Red Maple Sugar Maple Speckled Alder Sweet Birch Yellow Birch River Birch Gray Birch

Mockernut Hickory Shagbark Hickory Common Hackberry American Beech

White Ash Green Ash Butternut

Tamarack, American Larch Tupelo, Black or Sour Gum

American Sycamore

Cottonwood, Necklace Poplar

Quaking Aspen Black Cherry Swamp White Oak

White Oak Scarlet Oak Pin Oak

Northern Red Oak Black Willow Sassafras

American Linden, American Basswood

American Elm, 'Valley Forge', 'New Harmony',

'Princeton'

## **Evergreen Trees**

Juniperus virginiana Eastern Red Cedar

Pinus resinosaRed PinePinus rigidaPitch PinePinus strobusWhite Pine

Thuja occidentalis\* Eastern Arborvitae
Tsuga canadensis Canada Hemlock

Taxus canadensis American or Canada Yew

## **Deciduous Understory Trees**

Acer pensylvanicumStriped Maple, MoosewoodAmelanchier canadensisShadblow, ServiceberryAmelanchier x grandifloraApple Serviceberry, Juneberry

Cornus alternifolia Alternate-leaf Dogwood
Cornus florida Flowering Dogwood

Hamamelis virginiana Witch Hazel, American Witch Hazel Magnolia virginiana\* Sweetbay Magnolia

Ostrya virginiana Sweetbay Magnolia

Ostrya virginiana Ironwood, Hophornbeam

### **Deciduous Shrubs**

Photinia pyrifoliaRed ChokeberryPhotinia melanocarpaBlack Chokeberry

Cephalanthus occidentalisButtonbushClethra alnifoliaSummer SweetComptonia peregrinaSweet FernCornus amomumSilky DogwoodCornus racemosaGray DogwoodCornus sericeaRed-osier DogwoodCorylus americanaAmerican Hazelnut

Ilex verticillataCommon WinterberryLindera benzoinSpicebush

Rhododendron canadenseRhodoraRhododendron viscosumSwamp AzaleaRhus typhinaStaghorn Sumac

Rhus glabraSmooth SumacSalix discolorPussy WillowSambucus canadensisElderberrySpiraea alba var. latifoliaMeadowsweetVaccinium angustifoliumLowbush Blueberry

Vaccinium corymbosum Highbush Blueberry Viburnum nudum var.cassinoides Witherod Viburnum

Viburnum dentatum Arrowwood Viburnum

Viburnum opulus var. americanum American Cranberrybush Viburnum

## **Evergreen Shrubs**

llex glabra Inkberry Sheep Laurel Kalmia angustifolia Kalmia latifolia Mountain Laurel Lyonia lucida Fetterbush

Myrica pensylvanica Bayberry, Wax Myrtle Rhodendron maximum\*

Rosebay

### Vines

Clematis virginiana Virgin's Bower

American Fly Honeysuckle Lonicera canadensis

Parthenocissus quinquefolia Virginia Creeper

### Groundcovers

Maidenhair Fern Adiantum pedatum Arctostaphylos uva-ursi Bearberry, Kinnikinnick

Asarum canadense Wild Ginger Bunchberry Cornus canadensis

Dennstaedtia punctilobula Hay Scented Fern Epigaea repens Trailing Arbutus

Gaultheria procumbens Wintergreen Gaylussaccia baccata Black Huckleberry Hydrastis canadensis\* Goldenseal

Mitchella repens Partridgeberry Polypodium virginianum Rock Polypody Waldsteinia fragarioides\* Barren Strawberry

Tiarella cordifolia Heartleaf Foamflower Vaccinium angustifolium Lowbush Blueberry

# **Herbaceous Species**

Aquilegia canadensis Wild Red Columbine Asclepias syriaca Common Milkweed Asclepias tuberosa Butterflyweed Athyrium filix-femina Northern Lady Fern

Bouteloua curtipendula Sideoats Grama Chamaecrista fasciculata Partridge Pea Hieracium sp. Hawkweed sp.

New England Blazing Star Liatris scariosa\* Canada Lily Lilium canadense Wood Lily Lilium philadelphicum

Lilium superbum Turk's Cap Lily Lupinus perennis Wild Blue Lupine Maianthemum canadense Canada Mayflower

False Solomon's Seal, Solomon's Plume Maianthemum racemosum

Matteuccia struthiopteris

Monarda fistulosa

Onoclea sensibilis Penstemon hirsutis\*

Podophyllum peltatum

Polystichum acrostichoides Schizachyrium scoparium

Solidago sp.

Sorghastrum nutans Symphyotrichum laeve Symphyotrichum lateriflorum

Symphyotrichum novae-angliae

Verbena hastata

Zizia aurea

Ostrich Fern

Beebalm, Wild Bergamot

Sensitive Fern Hairy Beard-tongue

Mayapple

Christmas Fern Little Bluestem Goldenrod Indian Grass

Smooth Blue Aster

Calico Aster

New England Aster

Blue Vervain, Simpler's Joy

Golden Alexanders

# **Herbaceous Species - Understory**

Actaea pachypoda Actaea racemosa\* Actaea rubra

Anemone virginiana Aquilegia canadensis Arisaema triphyllum Carex stricta

Carex stricta
Carex vulpinoidea

Caulophyllum thalictroides

Chelone glabra Chelone lyonii

Dennstaedtia punctilobula Dicentra canadensis Dicentra cucullaria Elymus canadensis

Eupatoriadelphus maculatus Eupatorium perfoliatum Eurybia divaricata

Eurybia divaricata Eurybia macrophylla Glyceria canadensis Geum laciniatum

Hepatica nobilis var. acuta

Iris versicolor Impatiens capensis Juncus effusus Juncus tenuis Leersia oryzoides Lobelia siphilitica\*

Maianthemum racemosum

Mimulus ringens Onoclea sensibilis Osmorhiza claytonii

Osmunda cinnamomea Osmunda regalis

Sanguineria canadensis Schoenoplectus tabernaemontani

Schoenoplectus (Bolboshoenus) fluviatilis\*

White Baneberry, Doll's Eyes Black Cohosh, Black Bugbane

Red Baneberry Thimbleweed Wild Red Columbine Jack-In-The-Pulpit Tussock Sedge Fox Sedge Blue Cohosh White Turtlehead

Pink Turtlehead Hay-Scented Fern Squirrel Corn

Dutchman's Breeches Canada Wild Rve

Joe-Pye Weed, Spotted Trumpetweed

Boneset

White Wood Aster Large Leaf Aster

Rattlesnake Mannagrass

Rough Avens

Sharp-lobed Hepatica Northern Blue Flag

Jewelweed, Touch-me-not Common or Soft Rush Path or Poverty Rush Rice Cut Grass Great Blue Lobelia

False Solomon's Seal, Solomon's Plume

Allegheny Monkey Flower

Sensitive Fern

Sweet Cicely, Clayton's Sweetroot

Cinnamon Fern Royal Fern Bloodroot

Soft-Stem Bulrush River Bulrush

Scirpus cyperinus Symphyotrichum ericoides Symphyotrichum pilosum Symphyotrichum prenanthoides\*

Symplocarpus foetidus Thalictrum thalictroides

Verbena hastata

Woolgrass

White Heath Aster

Hairy White Old Field Aster. Frost Aster Crooked Stem Aster, Zigzag Aster

Skunk Cabbage Rue Anemone

Blue Vervain, Simpler's Joy

## **Herbaceous Wetland Species - Deep Marsh** (6"- 3' water depth)

Acorus americanus Alisma plantago-aguatica

Carex comosa Carex stricta Eleocharis palustris Glyceria canadensis Iris versicolor Nuphar luteum Nymphaea odorata Peltandra virginica Pontederia cordata Potamogeton pectinatus Sagittaria latifolia

Sparganium americanum Schoenoplectus acutus Schoenoplectus pungens

Schoenoplectus tabernaemontani

Typha latifolia Vallisneria americana

Sweetflag Water Plantain Longhair Sedge Tussock Sedge Spike Rush

Rattlesnake Mannagrass Northern Blue Flag Yellow Pond Lily White Water Lily Green Arrow Arum Pickerelweed Sago Pond Weed

Arrowhead, Duck Potato American Bur-reed Hard-Stem Bulrush Three-Square Bulrush Soft-Stem Bulrush

Common Cattail, Broadleaf Cattail Wild Celery, American Eelgrass

## **Herbaceous Wetland Species - Shallow Marsh** (0"-6" water depth)

Asclepias incarnata

Carex stipata

Elymus canadensis Elymus virginicus

Eupatoriadelphus fistulosus

Eupatorium perfoliatum Juncus canadensis Juncus effusus Juncus tenuis Lobelia cardinalis Monarda fistulosa Osmunda cinnamomea

Osmunda regalis Panicum virgatum Scirpus atrovirens Scirpus cyperinus Symphyotrichum laeve

Symphyotrichum novae-angliae

Swamp Milkweed

Awl-fruited Sedge, Owl Fruit Sedge

Canada Wild Rye Virginia Wild Rye

Hollow-stemmed Joe-Pye Weed, Trumpetweed

Boneset Canada Rush

Common or Soft Rush Path or Poverty Rush Cardinal Flower

Beebalm, Wild Bergamot

Cinnamon Fern Royal Fern **Switchgrass** Green Bulrush Wool Grass Smooth Blue Aster New England Aster Symphyotrichum puniceum Verbena hastata

Purplestem Aster Blue Vervain, Simpler's Joy

# **Recommended Seed Lists**

#### **Wet Meadow Mix**

Andropogon gerardii Big Bluestem Asclepias incarnata Swamp Milkweed Indian Grass Sorghastrum nutans Bouteloua curtipendula Sideoats Grama

Carex stipata Awl-fruited Sedge, Owl Fruit Sedge Carex stricta Tussock Sedge Elymus canadensis Canada Wild Rye Elymus virginicus Virginia Wild Rye

Eupatoriadelphus fistulosus Hollow-stemmed Joe-Pye weed, Trumpetweed

Eupatorium perfoliatum

Juncus effusus Common or Soft Rush Lobelia cardinalis Cardinal Flower Beebalm, Wild Bergamot Monarda fistulosa

Wool Grass Scirpus cyperinus

Symphyotrichum laeve Smooth Blue Aster Symphyotrichum novae-angliae New England Aster

Verbena hastata Blue Vervain, Simpler's Joy

# **Dry Meadow Mix**

Andropogon gerardii Big Bluestem Common Milkweed Asclepias syriaca Asclepias tuberosa Butterflyweed Chamaecrista fasciculata

Coreopsis rosea

Desmodium canadense Dichanthelium clandestinum

Elymus canadensis

Elymus villosus Muhl. ex Willd.\*

Festuca rubra Lespedeza capitata Lupinus perennis\* Monarda fistulosa Panicum virgatum Penstemon hirsutus\*

Poa palustris Rudbeckia laciniata Schizachyrium scoparium Solidago canadensis Solidago speciosa Sorghastrum nutans

Symphyotrichum laeve

Partridge Pea

Pink Coreopsis, Pink Tickseed

Showy Tick Trefoil Deertongue Canada Wild Rye Hairy Wild Rye Creeping Red Fescue

Roundheaded Bush Clover

Wild Blue Lupine

Beebalm, Wild Bergamot Prarie Switchgrass Hairy Beard-tongue

Fowl Meadow Grass, Fowl Blue Grass Cut-leaf or Green-headed Coneflower

Little Bluestem Canada Goldenrod Showy Goldenrod Indian Grass Smooth Blue Aster

Symphyotrichum lateriflorum Symphyotrichum novae-angliae Verbena hastata

Calico Aster New England Aster Blue Vervain, Simpler's Joy

### **Native Turf Sun Mix**

Festuca aurundinacea Tall Fescue (Not native to MA) Festuca rubra fallax Chewings Fescue (Not native to MA)

(Editors Note: Though both species are not native to Massachusetts no reasonable alternative species exist for those wishing turf lawns. This mix requires less frequent mowing and should be cut higher than bluegrass lawns.)

### **Native Turf Shade Mix**

Red Fescue Festuca rubra ssp.rubra

# **Woodland/Riparian Mix**

Actaea racemosa\* Anemone virginiana Aquilegia canadensis Arisaema triphyllum Carex comosa Carex vulpinoidea

Caulophyllum thalictroides

Elymus riparius Elymus virginicus

Eupatoriadelphus maculatus Eupatorium perfoliatum Eurybia macrophylla Geum laciniatum

Juncus effusus

Maianthemum racemosum

Mimulus ringens Osmorhiza claytonii Polemonium reptans Rubus allegheniensis

Heliopsis helianthoides

Symphyotrichum ericoides Symphyotrichum pilosum

Symphyotrichum prenanthoides\*

Symphyotrichum ericoides

Verbena hastata

Black Cohosh Thimbleweed

Wild Red Columbine Jack-In-The-Pulpit Longhair Sedge Fox Sedge Blue Cohosh Riverbank Wild Rye

Virginia Wild Rve

Joe-Pye Weed, Spotted Trumpetweed

**Boneset** 

Large Leaf Aster Rough Avens Oxeye Sunflower Common or Soft Rush

False Solomon's Seal, Solomon's Plume

Allegheny Monkey Flower

Sweet Cicely, Clayton's Sweetroot Greek Valerian, Jacob's Ladder

Allegheny Blackberry, Common Blackberry

White Heath Aster

Hairy White Old Field Aster, Frost Aster Crooked Stem Aster, Zig Zag Aster

White Heath Aster

Blue Vervain, Simpler's Joy

# **Sources for Purchasing Native Plant Materials**

#### Bigelow Nurseries, Inc.

455 W Main St Northborough, MA 01532-2137 (508) 845-2143 www.bigelownurseries.com

#### Garden in the Woods (New England Wildflower Society)

180 Hemenway Road Framingham, MA 01701 (508) 877-7630 www.newfs.org

#### Nasami Farm (New England Wildflower Society)

128 North Street Whately, MA (413) 397-9922 www.newfs.org/visit/nasami-farm

#### New England Wetland Plants, Inc.

820 West Street Amherst, MA 01002 (413) 549-4000 www.newp.com

#### Pierson Nurseries, Inc.

24 Buzzell Road Biddeford, Maine 04005 (207) 499-2994 www.piersonnurseries.com

#### Sylvan Nurseries

1028 Horseneck Road Westport, MA 02790 508-636-4573 www.sylvannursery.com

#### **Vermont Wetland Plant Supply, LLC**

P.O. Box 153 Orwell,VT 05760 (802) 948-2553 www.vermontwetlandplants.com

### Weston Nurseries (Source for native azaleas)

93 East Main Street Hopkinton, MA 01748 (508) 435-3414 www.westonnurseries.com

### Millican Nursery

187 Pleasant St. Chichester, N.H. 03258 (603) 435-5039 www.millicannurseriesinc.com/

#### **Ernst Conservation Seeds**

9006 Mercer Pike Meadville PA 16335 (800) 873-3321 www.ernstseed.com

### Pinelands Nursery, Inc.

323 Island Road Columbus, New Jersey 08022 (609) 291-9486 (800) 667-2729 www.pinelandsnursery.com